

Welcome to **THINK Chiropractic & Wellness Centre**

2-2025 Wm. O'Connell Blvd. Burlington, ON L7M 4E4

TEL: 905-319-2222 EMAIL: admin@thinkchiropracticandwellness.ca

WE ARE EXCITED ABOUT MEETING YOU AT OUR CLINIC

We appreciate that you have taken the time to contact us and make arrangements to come into our office for your first appointment.

Whether you are coming in to meet our Chiropractor, seek treatment with our Naturopath, plan to sit down with our Registered Holistic Nutritionist or receive assistance managing an ongoing issue with our Traditional Chinese Medicine Practitioner, we ask that you allow a few extra minutes, in advance of your assigned appointment time, to complete a health history for us. Also, these forms can be emailed to you or found on our website:

www.thinkchiropracticandwellness.ca/online-forms

Your first chiropractic visit will last about 45 minutes. The doctor will go through your health history with you and discuss your reasons for attending the clinic. A clinical assessment will be performed based on your history and presenting conditions. The doctor may recommend X-Rays be done before care begins. The doctor will then recommend a program of care to correct your condition.

Second appointments with the Chiropractor and/or Naturopathic Doctor are usually shorter than the first but longer than a simple treatment so that they have the time to discuss your treatment plan, moving forward with your care.

Subsequent appointments for care are not typically as long; so are generally easy to add into your regular schedule. We endeavour to ensure your appointments are at times that work well with your life and other commitments.

For our new clients: please note that our treatment rooms are **FRAGRANCE FREE** to respect the allergies of all our clients. We thank you in advance for respecting this.

How to find our office:

Our address is: 2025 William O'Connell Blvd, Unit 2 and our intersection is the first set of lights east of Walkers Road, along Upper Middle.

We are on the north-east corner of William O'Connell Boulevard and Upper Middle, immediately beside the Royal Bank in the plaza on the corner.

OFFICE HOURS:

Dr. Rodney Kirk, DC

Monday 9:00 a.m. – 12:00 p.m.
Tuesday 3:00 p.m. – 6:30 p.m.
Wednesday 9:00 a.m. – 12:00 p.m.
3:00 p.m. – 6:30 p.m.
Friday 9:00 a.m. – 12:00 p.m.
3:00 p.m. – 6:30 p.m.

Dr. Teri Hayward, DC

ANIMALS
Wednesday 7:00 p.m. – 9:00 p.m.
HUMANS
Monday 12:00 p.m. – 1:00 p.m.
Tuesday 2:00 p.m. – 3:00 p.m.
Friday 5:30 p.m. – 6:30 p.m.

Dr. Lesley D'Souza, ND

Tuesday 2:00 p.m. – 7:00 p.m.
OTHER DATES/TIMES OFTEN AVAILABLE

Stephanie Metzger, RHN

Appointments available upon request

Jacqueline Marta, TCM Practitioner

Appointments available upon request

